



[www.SidekickDogTraining.com](http://www.SidekickDogTraining.com)  
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Train happy!

#### GROUP TRAINING STUDENTS:

#### WHAT TO BRING TO EACH CLASS

Please arrive up to 10 minutes prior to your class start time so that your puppy can go potty outside before you come in and find a seat.

1. **Your puppy/dog**, who has had a potty break, a moderate exercise session or walk, and is ready to work for food. (**DO NOT FEED YOUR PUPPY A FULL MEAL BEFORE CLASS!**)
2. **Food treats.** Bring at least **THREE** of the following to each class. Cut each treat into the size of one piece of dog food (kibble).
  - 1 cup chopped Natural Balance (or similar) food roll (any flavor)
  - 1 cup "Real Meat" brand dog food or treats
  - 1 cup Ziwi Peaks dog food or treats
  - 1 cup of your dog's regular dry dog food\*
  - ½ cup diced meatballs (from freezer section of grocery store)
  - ½ cup sliced hot dogs\*
  - ½ cup cubed cheese (string, mozzarella, Parmesan or cheddar)
  - ½ cup chopped chicken (cooked)
  - 1 cup freeze dried liver or freeze dried lamb lung (cut into pea-sized pieces)

**\*HINT:** The night before class, put some of your dog's regular food (kibble) in a plastic baggie or container and add some diced chicken (cooked) or hot dogs (use a 2:1 kibble to hot dog ratio). Store in the fridge overnight. In class, use the "marinated" kibble for treats - it will be much more enticing than usual!

3. **Treat pouch**, fanny pack or apron (so you can grab and deliver treats quickly).
4. **A 6-foot leash.** **No retractable ("flexi") leads, please! You will be asked to remove it.**
5. **A properly fitted nylon or leather collar.** **No choke chains or prong/pinch collars!**
6. **A harness with the leash attachment at your dog's chest**, such as Easy Walk or Wonder Walker, is highly recommended for mild to moderate pullers. **A head halter**, such as Halti or Gentle Leader, is recommended for dogs that pull excessively and/or bark at other dogs.
7. **An item to distract your dog during down time (see below for ideas).**
8. One of your **dog's favorite toys** - preferably one s/he likes to tug or chase.
9. **A towel, rug or blanket** for settling and down-stay.
10. **Optional:** A clicker.
11. **Optional:** A long line or rope, at least 15 feet long. (Great for working on advanced stays and recalls, and also loose leash walking.)

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## SUGGESTED ITEMS TO KEEP YOUR DOG BUSY (& QUIET!)

- A Kong toy stuffed with peanut butter or soft cheese and some yummy treats. See Kong Stuffing handout(s) for ideas.
- Bully stick.
- Jar of baby food.
- Jar of peanut butter.
- Marrow bone from the pet store or butcher.
- Sweet potato chew.
- “Fred’s Dog Soup”: beef stew frozen in a Tupperware container (with lid removed).
- The Everlasting Treat Ball, by Triple Crown.
- “Busy Buddy” toys, by Premier Pet Products.

Note: I only recommend giving edible treats when you can supervise your dog and not when s/he is left alone; pieces can break off and become a choking hazard.

