



### Sidekick Kong Recipe

1. Smear peanut butter (*or cream cheese, Cheese Whiz, baby food*) on the narrow end of the Kong to seal the small hole. (If preferred, you can use saran wrap or press-n-seal wrap instead.)
2. Put 5-10 extra yummy bite-sized treats (*such as Zuke's mini Naturals or dried liver treats*) into the Kong.
3. Smear peanut butter (*or substitute*) on the inside walls, from the bottom (*narrow end*) on up (*wider end*).
4. Scoop pieces of your dog's kibble into the Kong until it is 4/5 full. (*You can use the Kong itself as the scooper, if you'd like - just dip it into your dog's food bin.*)
5. Stick a long, narrow treat such as a Zuke's Z-Filet or a crunchy bone-shaped biscuit into the wide end of the Kong - push it in as far as it will go.
6. Set the Kong upright in a plastic container or a glass. Slowly add up to a tablespoon of water (or chicken broth) being careful not to break the seal at the narrow end.
7. Place in the freezer for several hours; when ready, serve frozen. (Remember to remove plastic wrap if you used it!)
8. Each Kong provides one dog with ½ hour or more of chewing enjoyment.

